



May 5, 2019

Dear Residents, Houses of Worship & Business Management,

The Mountain Goat Run Team would like to thank you in advance for your display of hospitality during the 2018 Mountain Goat Run. On Sunday, May 5th, more than 3,000 athletes will be visiting your city to test their physical and mental limits. Over the course of three hours, they will be racing throughout your community as they complete the 10-mile run. We ask for your cooperation and understanding on race day as you travel around town. The routes were chosen to highlight the various areas that we feel fully showcase the unique setting of CNY. We appreciate your support and ask that you proceed with caution and allow for additional travel time to your destination. Participants count on you for motivation on race day, so bring your friends and cheer them on! We look forward to a great event and hope to see you out there!

Salina Street will be closed between Clinton Square and Jefferson St. This area is our finish line and we would love to have you come join in the party.

Please visit www.mountaingoatrun.com for details and full maps of the course.

If you have any questions please contact us at mountaingoatrun@gmail.com

Street name	From	To	Time closed	Time opened
Start Salina St at Clinton Sq	Clinton Sq	W. Onondaga St	9:00am	9:40am
Right onto W. Onondaga St	Salina St	Onondaga Ave	9:00am	9:55am
Bear left onto Onondaga Ave	W. Onondaga St	Bellevue Ave	9:15am	9:55am
Right on Bellevue Ave	Onondaga Ave	Summit Ave	9:15am	10:00am
Left on Summit Ave	Bellevue Ave	Stolp Ave	9:20am	10:10am
Right on Stolp Ave	Summit Ave	Rider Ave	9:20am	10:15am
Left on Rider Ave	Stolp Ave	Hancock Dr	9:20am	10:20am
Continue onto Hancock Dr	Rider Ave	Arden Dr	9:20am	10:25am
Left on Arden Dr	Hancock Dr	Strathmore Dr	9:20am	10:30am
Left on Strathmore Dr	Arden Dr	Continue on Strathmore	9:30am	10:35am
Continue on Strathmore Dr/W. Colvin Ave	Strathmore Dr	Roberts Ave	9:30am	10:40am
Left on Roberts Ave and into Upper Onondaga Park	Strathmore Dr/W. Colvin Ave	Summit Ave	9:30am	10:45am
Exit part at Summit Ave and right onto Park Dr	Upper Onondaga Park	Lower Onondaga Park	9:30am	10:45am
Lower Onondaga Park	Park Dr	South Ave	9:30am	10:50am
Left on South Ave	Lower Onondaga Park	Kirk Ave	9:35am	10:55am
Right on Kirk Ave	South Ave	Landon Ave	9:35am	11:00pm
Right on Landon Ave	Kirk Ave	W. Beard Ave	9:40am	11:05pm
Left on W. Beard Ave	Landon Ave	S. Salina St	9:40am	11:10pm
Right on S. Salina St	W. Beard Ave	E. Colvin St	9:45am	11:10pm
Left on E. Colvin St	S. Salina St	Comstock Ave	9:45am	11:15pm
Left on Comstock Ave	E. Colvin St	University Pl	9:50am	11:15pm
Right on University Place into Thornden Park	Comstock Ave	Thornden Park	9:50am	11:25pm
Exit Thornden Park down Madison St	University Pl	Madison St	9:55am	11:30pm
Right on S. Crouse Ave	Madison St	E. Genesee St	9:55am	11:35pm
Left on E. Genesee St	S. Crouse Ave	E. Onondaga St	10:00am	11:40pm
Left on E. Onondaga St.	E. Genesee St	E. Jefferson St	10:00am	11:45pm
Right on E. Jefferson St.	E. Onondaga St	S. Salina St	10:05am	11:45pm
Right on S. Salina St.	E. Jefferson St.	Clinton Square	10:05am	11:50pm
Finish at Clinton Square			7:00am	1:00pm