2012 Dunn Tire Mountain Goat Run Entry Form

Race Date May 6, 2012 Register online at: www.mountaingoatrun.com

Entry - check one

____10-mile run

____3K run/walk

____Both 10mi & 3K

____1/2-mile kids run

LAST NAME FIRST NAME MI

NUMBER AND STREET

CITY STATE/PROV ZIP/POSTCODE

SEX AGE

EMAIL:

PHONE:

RACE USE ONLY

Entry Fees (no refunds or exchanges)

	Postmarked by 3/3	3/4 - 4/23	4/24 - 5/2	Expo/Race Day
Mountain Goat 10 Mile Run	$30	$35	$40	$50
Mountain Goat 3K Run/Walk	$16	$18	$20	$25
BOTH 10 Mile & 3K (one shirt)	$35	$40	$45	$55
Kids 1/2-Mile Run/Walk	$ 7	$ 8	$ 9	$10

Shirt size (circle ONE) S M L XL Youth

Waiver Agreement & Health Information Release Authorization (HIPAA)

In consideration of your accepting this entry, I the undersigned intending to be legally bound, hereby for myself, executors and administrators, waive and release any and all rights and claims I may have against The Mountain Goat Run Foundation, Inc., its board of directors and race committee, volunteers, sponsors, City of Syracuse NY, Syracuse Track Club, their representatives, successors and assigns for any and all injuries suffered by me in said events. I have read the above statements. I fully understand them and my signature confirms their full acceptance. I attest and verify that I am physically fit and have trained sufficiently for the competition of this race. I hereby grant permission to the Mountain Goat Run Foundation, Inc. and any other sponsors of this event to use all information submitted in this entry, and any record of this race containing my likeness, as well as race results including my name and competition time, for any purpose whatsoever, including but not limited to, race publicity. Also, in accordance with HIPAA Privacy laws, I understand and acknowledge that I am giving permission to provide the information regarding my location, admission to the medical tent, medical condition or, if necessary, transfer to a hospital to my spouse, friend or next of kin. I understand and agree that to provide this information is voluntary. For reasons of safety, the use of strollers, baby joggers and music or radio headsets in the 10 mile race, 3K Run/Walk, and kids fun run is prohibited.

Signature:_____ **Date:**_____

Parent/Guardian Signature (if under 18) _____

Make checks payable to: The Mountain Goat Run Foundation, Inc.
PO Box 481
Syracuse, NY 13214

Registration and Advance Packet Pick Up at Fleet Feet Sports on Friday May 4 from Noon to 7 PM and on Saturday May 5 from 9AM to 4PM. Race Day Registration and Packet Pick Up from 8AM to 9:30AM at Syracuse City Hall Commons, 201 East Washington Street (2 blocks from finish line)